

EMDR ASSOCIATION OF AUSTRALIA

Call for Abstracts

EMDRAA Professional Development Day – Saturday, 6 September 2025

8.30 am – 5.00 pm - AEST

Topic: Integrating EMDR to Support Women's Health

Call for Abstracts

The EMDRAA Scientific Committee invites you to submit an abstract for presentation for the upcoming virtual professional development day, held on **Saturday 6 September 2025**.

At every stage of life, women face unique experiences that can impact their mental, emotional, and physical well-being. EMDR therapy offers a powerful, evidence-based approach to help women process and heal from trauma, whether rooted in early childhood, relationships, reproductive health, or life transitions.

From developmental trauma to perinatal health challenges, family violence, chronic pain, or the emotional shifts of menopause and ageing, EMDR supports women in resolving distress held in both the mind and body.

We aim to explore how EMDR therapy can be effectively applied to support women's psychological and physiological well-being across the lifespan. By addressing the core experiences that shape women's health, including identity, connection, loss, and resilience, EMDR can play a transformative role in helping women heal, grow, and thrive at every life stage.

Presentation Information:

- Presentations must include at least one de-identified real-life case study.
- Each session is strictly limited to 45 minutes in total.
 - 30 minutes for the presentation content
 - 15 minutes for audience questions and answers

Presentations can be live only.

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Key Dates

The deadline for submission is Sunday, 20 July 2025.

Submission of Abstracts to be sent to: conference@emdraa.org

Notification of Acceptance: Monday, 4 August 2025.

Submission Guidelines

All submissions will be reviewed with the following criteria:

- Abstracts must demonstrate the relevance of the topic to both supporting women's health and the application of EMDR therapy.
- Each submission must include at least one real, de-identified case study to illustrate the practical application of EMDR therapy. This ensures a grounded and experiential approach to the topic
- Abstracts must highlight innovative approaches or original contributions to the field.
- Abstracts must be well-written and structured, with a concise summary of the key points, objectives, methodology, results, and conclusions.

Submission Information Required:

- Abstract of Presentation, Paper or Research Briefing (limited to 250 words) plus citations
- 3-4 clear learning objectives that outline what attendees will gain from the presentation
- Full Name
- Contact Phone and Email
- Brief background and experience
- Education and degrees
- Highest level of EMDR training/accreditation
- Previous presentations or webinars, evidence of presentation skills

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Instructions for Authors:

- Abstracts will be peer-reviewed by the EMDRAA Scientific Committee
- Acceptance of abstracts will be based upon scientific qualities, clarity of presentation, and suitability for our audience.
- An individual submitting their proposal agrees that all work presented will conform to discipline-appropriate national or professional ethical standards.
- Recordings of all presentations will be available to registrants through the online event platform for a period post-event.

While we may not be able to use all submissions for the day, we encourage you to submit your ideas, as these may be more suitable for subsequent years or other events.

Should you have any questions, please contact conference@emdraa.org.

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Submit Your Abstract

Please complete the below form with your abstract and submit via email to

conference@emdraa.org

Full Name:

Email:

Mobile Phone:

Are you an EMDRAA member:

Company:

Abstract of Presentation, Paper or Research Briefing (limited to 250 words)

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Citations

3-4 Clear Learning Objectives

Outline what attendees will gain from the presentation

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