



EMDR Association of Australia Conference

SCIENTIFIC PROGRAM

Adelaide Hilton | South Australia

2 - 3 MAY 2025



emdraa.org



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EMDR Association of
Australia Conference



Provisional Scientific Program

Program correct at the time of publication (February 2025), however the organising committee reserve the right to change the program without notice.

Pre-Conference Events

9:00am - 5:00pm

Consultants' Day

Balcony Rooms

9:00am - 5:00pm

Pre-Conference Workshop - Intensifying Trauma Treatment

Dr Suzy Matthijssen

Conference Sponsors and Exhibitors

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WeMind is an AI-driven platform that supports therapists in the treatment of anxiety and trauma through EMDR, Exposure Therapy, and Psycho education. The platform optimizes clients' working memory load based on real-time data, allowing therapists to focus more on the client.

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At Mangrove Inspired, our Simple EMDR range of products are designed with a focus on practicality, ease of use, and affordability. After years of consultation with therapists, trainers, and patients, we've created a solution that enhances your practice and allows you to focus on what matters: your work and your patients.

- THE SIMPLE EMDR SET INCLUDES
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Friday 2 May 2025

8:00am – 8:30am	Arrival Tea & Coffee - Gallery	
8:30am – 10:00am	Plenary Session 1 - Grand Ballroom	
8:30am	Welcome to Country by Robert Taylor	
8:40am	Open of the Conference	
9:00am	Keynote Presentation - Enhancing Trauma Treatment by Dr Suzy Matthijssen	
10:00am – 10:30am	Morning Tea with Industry - Gallery	
10:30am – 11:30am	Concurrent Session 2a - Ballroom BC	Concurrent Session 2b - Ballroom A
10:30am – 11:30am	EMDR Treatment of Chronic Pain and Medically Unexplained Symptoms (MUS) by Mark Grant	Addressing Communication Needs in EMDR: Practical Strategies for Inclusive Practice by Anna Clarke
11:30am - 12:00pm	Applying the Integrated Theory of Birth Trauma in EMDR Targeting by Lucy Frankham	Application of EMDR Therapy to Individuals Diagnosed with Schizophrenia by Bozica Stumfol
12:00pm – 1:00pm	Lunch with Industry - Gallery	

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Provisional Scientific Program (cont'd)

1:00pm - 3:30pm	Concurrent Session 3a - Ballroom BC	Concurrent Session 3b - Ballroom A
1:00pm - 2:00pm	Using Imagery to Enhance Client Outcomes in EMDR Therapy by Sarah Dominguez	EMDR and Playful Family Therapy: Integrating Music, Creative Arts and Play When Working with Parents / Caregivers and Children Presenting with Complex Pre-Verbal Trauma by Janine Manderfeld
2:00pm - 3:00pm	Intersectionality in EMDR: A Call to Action for Inclusive and Affirming Practice by Monique Mitchelson, Mishma Kumar-Jonson, Xi Liu, Denise Abreu, Tahlia Blow, Andy Allen, Miro Rainsford & Liam Spicer	EMDR & Substance Use Disorders – Knowledge Gaps and Emerging Research by Logan Harvey
3:00pm - 3:30pm		Exploring a Novel Reconnection Protocol for Grief: When the Loves Lives On by Chris Holt & Danielle Sellick
3:30pm - 4:00pm	Afternoon Tea with Industry - Gallery	
4:00pm - 5:30pm	Plenary Session 4 - Grand Ballroom	
4:00pm - 5:00pm	Innovating EMDR Therapy: Healing Recovered Memories by Catherine Hynes	
5:00pm - 5:30pm	Board Update	

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Saturday May 2024

8:30am - 10:00am	Concurrent Session 5a - Ballroom BC	Concurrent Session 5b - Ballroom A
8:30am - 10:00am	FIFO Intensive EMDR with Young People in Residential Care. This Mission is Possible! by Arianne Struik, Jenny Dwyer & Raquel Cukierman	Decolonizing EMDR Therapy through Somatic Healing and Cultural Practices by Mishma Kumar-Jonson
10:00am - 10:30am	Morning Tea with Industry - Gallery	
10:30am - 12:30pm	Plenary Session 2 - Grand Ballroom	
10:30am - 11:00am	Introducing the SVS EMDR Group Protocol: A Collaborative and Relational Approach to Treating Trauma by Ceit Robinson & Emma Sanderson	
11:00am - 11:30am	Group EMDR Across Inpatient and Outpatient, In-person and Online settings - A Year of Experimenting by Caroline Lloyd	
11:30am - 12:00pm	Innovative Online EMDR Group Program: Enhancing EMDR Therapist Confidence and Advancing Group-Based EMDR in Australia by Caroline Burrows, Madeleine Jablonski & Emily Hoskin	
12:00pm - 1:00pm	Lunch with Industry and Poster Session - Gallery/Balcony Rooms	

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1:00pm - 3:00pm	Plenary Session 3 - Grand Ballroom
1:00pm - 2:00pm	Invited Speaker Presentation - What First Nations Communities Can Teach Us About Complex Resilience, AIP, and Intensive EMDR Therapy by Tracy Lynch
2:00pm - 3:00pm	Symposium Part 1: Oxford Handbook of EMDR Therapy by Derek Farrell, Sarah Schubert, Anna Clarke, Sarah Dominguez, Logan Harvey, Mark Grant, Claire Kullack, Jon Laugharne, Christopher Lee, Larissa Meysner, Stacey McMullen & Arianne Struik
3:00pm - 3:30pm	Afternoon Tea with Industry - Gallery
3:30pm - 5:00pm	Symposium Part 2: Oxford Handbook of EMDR Therapy by Derek Farrell, Sarah Schubert, Anna Clarke, Sarah Dominguez, Logan Harvey, Mark Grant, Claire Kullack, Jon Laugharne, Christopher Lee, Larissa Meysner, Stacey McMullen & Arianne Struik
5:00pm	Conference Close

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Pre-Recorded Presentations

Available to stream on-demand throughout the conference and accessible for post-event viewing for up to 6 months.

EMDR for Tourette Syndrome Treatment: a Trauma-Focused Therapy by **Diomira Neri**

The power of the AIP model to improve therapist development as an EMDRA therapist, improve confidence and enhance professional success by **Nadene van der Linden**

Navigating Trauma: EMDR Strategies for Systematically Induced DID and RAMCOA (Ritual Abuse, Mind Control and Organisational Abuse) Survivors by **Michelle Costanzo**

Infertility, Birth Trauma and Perinatal Loss- The Application of the AIP Model and How to Adapt the 8 Phases of EMDR to Perinatal Clients: A Presentation Using a Case Example which Draws on the Latest Research in the EMDR and Perinatal Field by **Jacinta Hatton**

Rewiring the Brain: Addressing Porn Addiction through EMDR, the Adaptive Information Processing Model, and a Neurobiological Lens by **Rebecca Higgins**

Understanding and Managing Dissociative Phenomena in CPTSD and Chronic Pain by **Mark Grant**

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Poster Presentations

Accessible for in-person viewing at the conference and available on-demand via the Whova Event App

Bridging the Mind-Body Gap: Innovative Applications of EMDR and Online Group Protocols in Neurodivergent Infertility Treatment by Elizabeth Bancroft	1
‘Theres an app for that: can apps based on EMDR augment the treatment and management of PTSD symptoms?’ by Mark Grant , Jeff Dinardo, Richard CK Lau	2
The Crucial Role of a National Critical Incident Network in Australasia Utilising Group Therapy and the Acute Stress Syndrome Stabilisation (ASSYST) Protocol by Carol Gutierrez	3
Effectiveness of EMDR in Reducing Infertility Distress in Women: A Randomized Crossover Trial by Patricia Jackson , Associate Professor Karen Hallam, Dr. Peter Saunders, Dr. Simone Mizzi	4
The Mane Advantage: Enhancing EMDR with Equine-Assisted Therapy by Sue Jakes	5
Maximising Therapeutic Impact: Exploring the Benefits of EMDR Therapy Sessions In An Intensive Full Day Format for Clients and Clinician by Amanda Jones	6
Enhancing EMDR Efficiency through Polyvagal-Informed Group Preparation by Katerina Nemcova	7
Qualitative data on client perspectives on the feasibility and acceptability of using EMDR to treat PTSD in a public drug and alcohol service by Maryanne Robinson, Lauren Holland , Melissa A. Jackson, Melanie Truscott, Logan Harvey, Alana Walker , Kristen McCarter, Adrian J. Dunlop	8

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Conference Social Activities

Welcome Reception

Date: Friday, 2 May 2025

Time: 6:00pm - 7:00pm

Location: Balcony Rooms, Adelaide Hilton

Inclusions: One hour canapes and beverages

This is a complimentary event when purchasing a conference registration ticket.

Conference Dinner

Date: Saturday, 3 May 2025

Time: 6:30pm - 11:30pm

Location: Adelaide Pavilion, Parkview Room

Inclusions: Welcome canapes, 3 course meal, beverages and entertainment

This is a ticketed event.

If you have any questions about the program or conference activities, please contact us at conference@emdraa.org.