

EMDRAA 2025 Conference Poster Abstract Submission

The EMDRAA Scientific Committee warmly invites you and your colleagues to showcase your research and teaching at the EMDRAA Conference 2025. We have extended the deadline for poster abstract submissions for this event, taking place in Adelaide, South Australia, on May 2–3, 2025.

If your abstract is accepted, we will invite you to present your poster at the conference. A **poster presentation** is a visual and verbal method of presenting research, projects, or ideas. It involves a large, printed poster that combines text, images, graphs, and other visual elements to convey the key points of a study or project.

Poster presentations are used to:

- Share research findings or project results.
- Gather feedback from peers or experts.
- Build professional connections.
- Increase awareness of specific topics or issues.

Conference Overview

Location:	Hilton Adelaide, South Australia, Australia
Date:	Friday 2 May and Saturday 3 May 2025
Time:	8:00am to 5.00pm Conference Days
Expected Attendance:	700 health professionals
Theme:	EMDRAA 2025: Diverse applications: bridging research, practice, and innovation

Important Submission Dates

- Poster Abstract Submission Deadline: Sunday, 19 January 2025
- Notification of Review Outcome: Friday, 14 February 2025
- Deadline for accepted authors to confirm attendance: Friday, 21 February 2025.
- Poster Program Available Online: March 2025

Registration/Attendance

All accepted poster presenters must register to attend the Conference 2025 and are responsible for their own travel, accommodation and registration expenses.

Theme

Abstracts are welcome in regard to EMDR therapy and any one of the following categories:

- application of EMDR outside single-event traumas and PTSD
- dissociation and complex trauma
- mental health conditions including addiction
- OCD, depression, anxiety and phobias, chronic or complex pain conditions
- EMDR intensives and;
- other clinical presentations that can be understood from the adaptive information processing model.

Submission Guidelines

Aligns with the EMDRAA 2025 Conference objective: to promote the integration of diverse EMDR applications by bridging research, practice, and innovation, fostering collaboration and advancing therapeutic outcomes.

Abstracts must be submitted with the following sections:

- Abstract topic
- Background and aims
- Methods
- Results
- Conclusions
- Key points

Poster Presentation

- Poster presenters will be able to set up their posters on Friday morning from 8:00am.
- Posters will be exhibited for the duration of the Conference.
- We have added a "Poster Showcase" session to Saturday's program to acknowledge the large number of high-quality posters we have received this year. It will be held during the lunch break in the Poster Area/Balcony Rooms. This will be an opportunity for you to briefly speak about your research or project to individuals/small groups of delegates in an informal way.

CONFERENCE 2025



- At least one author needs to be present at the conference.

Instruction for Authors

- Abstracts will be peer-reviewed by the EMDRAA Scientific Committee.
- Acceptance of abstracts will be based upon scientific qualities, clarity of presentation, and suitability for our audience
- An individual submitting their abstract agrees that all work presented will conform to discipline-appropriate national or professional ethical standards
- The EMDRAA Scientific Committee reserves the right to contact authors, if required to clarify the nature of intended presentations before making decisions regarding their acceptance.

All submissions can be sent to conference@emdraa.org

Abstract Submission Checklist

Please use the list below as a checklist to ensure all points are addressed in your submission.

Abstract of Presentation, Paper or Research Briefing (limited to 250 words) plus citations

Abstracts must be submitted with the following sections:

- Background and aims
- Methods
- Results
- Conclusions
- Abstract topic

Details for each author (brief)

- Full name
- Address
- Contact phone
- Contact email
- Affiliation details: department, institution/hospital, city, state (if relevant), country

Please note, this form is for your reference only and does not need to be completed or returned; it may be used solely as a checklist. All submissions can be sent to conference@emdraa.org.

My abstract submission was accepted, now what?

Here's some information to assist you with creating a poster. If you need any guidance, the Scientific Committee would be pleased to assist. Contact conference@emdraa.org to arrange.

Creating a poster for a conference: top tips

The key guideline is to provide a concise, clear, and non-technical summary in English that explains what you did, why you did it, and what you discovered.

Size: Two versions of the poster are required: A1 size (594mm W x 941mm H, portrait style) for onsite display and a PDF in A4 format for the online version. Please note that posters must be in portrait orientation; landscape sizes are not accepted.

Title: The poster's title should match the title submitted in your abstract. Include the name(s) of the author(s) and their affiliated institution(s).

Poster Design

If you are using Microsoft Office, PowerPoint and Publisher are suitable for designing your poster. If possible, opt for professional design software like Adobe InDesign, Illustrator, or Photoshop.

Layout

Use clear headings to organize your poster and help readers navigate the content. Common sections include:

- **Title:** Clear and descriptive of the topic.
- **Abstract or Introduction:** Brief summary of the work.
- **Objective or Research Question:** The purpose of the project or study.
- **Methods:** How the research or project was conducted.
- **Results or Key Findings:** Data, outcomes, or insights, often presented with graphs or charts.
- **Conclusion or Discussion:** Key takeaways or implications of the work.
- **References:** Citations for any sources used.
- **Acknowledgments:** Recognition of funding or contributors (optional).

Colour Scheme

Use a consistent colour scheme throughout your poster. Stick to light or white backgrounds to ensure your content is the focal point. Limit your colour palette to three shades, applying the same colours to charts and illustrations for cohesion. Utilise white (negative) space to make your content easier to digest.

Fonts

Choose no more than two fonts—one for headings and one for body text. Select easily readable fonts like Arial and Veranda and avoid styles like Comic Sans. Align text to the left; avoid fully justified or centered text as it can be hard to read.

Content

Keep your target audience in mind—avoid jargon and ensure your explanations are accessible. Use concise, clear headings for each section and minimise text. Edit to maintain clarity, and opt for images to convey complex concepts where possible. Bullet points are preferable to lengthy paragraphs, and limit abbreviations or acronyms unless they're well-known.

Visual Elements

Incorporate charts, figures, diagrams, and photos to illustrate your research. Use images with a resolution of at least 150 ppi—300 ppi is better—and save them in PNG or TIFF format rather than JPG. Simplify graphics to highlight the most important story.

References

Include references and acknowledgments if space allows but keep this section brief. If necessary, provide a link to your full research instead.

Printing

Proofread your poster carefully before printing and ask a colleague to review the design and content. Use a professional service offering full-bleed printing, if not, include sufficient white space margins in your design.

Presenting Your Poster

We have added a "Poster Showcase" session to Saturday's program to acknowledge the large number of high-quality posters we have received this year. It will be held during the lunch break in the Poster Area/Balcony Rooms.

Use this opportunity to draw attendees to your poster for more detailed information and to network with peers in your field. Be familiar with all aspects of your presentation, as you may be asked questions during dedicated poster viewing sessions with conference reviewers.

For more information, please contact conference@emdraa.org

Poster Examples:

