

APPLICATION



Application for EMDRAA Consultant Accreditation in EMDR Therapy

Please ensure this form is completed in printed format and NOT handwritten

Applicant Name:

Applicant Email:

Professional Discipline:

Supporting Consultant:

Supporting Consultants Email:

Please ensure you have completed each component of this process:

Part A: Consultant Competency Based Framework Checklist (Consultant to complete)

Part B: Consultation hours

Part C: Client log

Part D: Consultant letter of recommendation

Part E: Second reference to support application

Application for EMDRAA Consultant Accreditation in EMDR Therapy			
Original Version	1	Approval Date	October 2024
Version #	2	Review Date	October 2026
Contact us accred@emdraa.org	ABN 95 151 692 429		

Please provide your supporting consultant with:

- Evidence of your registration/ practicing certificate or professional membership
- Log of consultation hours

Please attach:

- The letter of reference from your consultant
- A second reference from a supervisor or colleague in your profession.
- A current CV
- Copy of payment for application from emdraa.org website

Fee for application: \$200.00AUD + GST (for 5 years)

EMDRAA Consultant Accreditation Checklist

EMDRAA Consultant Accreditation Checklist		YES	NO
1	The applicant is a full member of EMDRAA		
2	The applicant has made payment for \$200.00AUD + GST		
3	The applicant meets the professional registration/membership eligibility criteria outlined on the EMDRAA website and holds appropriate professional indemnity insurance.		
4	The applicant adheres to the professional and ethical standards, as defined by both the applicant's professional registration body and the EMDR Association of Australia and consistently promotes integrity in the science, teaching and clinical practice of psychotherapy and in particular that of EMDR therapy		
5	The applicant has been an Accredited Practitioner for a <u>minimum</u> of two full years. Please note date of practitioner accreditation: _____		
6	The applicant has conducted a minimum of 300 EMDR sessions <u>since becoming</u> an EMDRAA Accredited Practitioner.		
7	The applicant has treated a minimum of 75 clients utilising EMDR <u>since becoming</u> an EMDRAA Accredited Practitioner.		
8	The applicant has demonstrated competency in both their provision of consultation and their clinical work and completed 20 hours of consultation (minimum 10 individual) <u>since becoming</u> an EMDRAA Accredited Practitioner.		
9	The applicant has provided a Second Reference from a person who is in a position to comment on the applicant's professional practice and, clinical experience of providing EMDR therapy and consultation.		

10	Since becoming an EMDRACC Accredited Practitioner the applicant has undertaken a minimum of 30 hours of EMDR related Continuing Professional Development (CPD) and is aware of current EMDR research		
11	You have observed at least 3 sessions (in vivo (with consultant as observer) or recorded) of the applicant's professional practice, of which one must be clinical, one providing individual EMDR consultancy and one providing Group EMDR consultancy.		

Part A: Accredited Consultant Competency Based Framework

Please provide Detailed Comments in support of each competency

Section A: Standard EMDR- Protocol and Procedure

<p>1. History Taking</p> <ul style="list-style-type: none">• Past, Present and Future, AIP Case conceptualisation, target sequencing plan	
<p>2. Preparation</p>	
<p>3. Assessment</p> <ul style="list-style-type: none">• Image• Negative cognition• Positive cognition	

<ul style="list-style-type: none"> • Validity of Cognition (VoC) • Emotions • SUD • Body location 	
<p>4. Processing (Desensitisation)</p> <ul style="list-style-type: none"> • Strategies for blocked processing/ Acceleration/ Deceleration • Blocking Beliefs • Cognitive Interweaves 	
<p>5. Installation of positive cognition</p>	

6. Body scan	
7. Closing techniques <ul style="list-style-type: none">• Complete session• Incomplete session	
8. Re-evaluation	

Part A: Accredited Consultant Competency Based Framework (continued)

Section B: Evidence of knowledge and experience of scripted protocols for specified populations and knowledge of research:

1. EMDR, dissociation and Complex Post Traumatic Stress Disorder (C-PTSD)

2. EMDR with phobias and other anxiety presentations

3. EMDR and clients with addictive behaviours

4. EMDR and clients with pain

5. EMDR protocols for acute trauma
(Recent Events Protocols)

6. EMDR with grief related presentations

7. EMDR and Depression

8. EMDR and psychosis

Please provide detailed comments in support of each competency

Basic approach and attitude towards consultee, duties and responsibilities:

The role of the consultant demonstrates a professional attitude towards, and competence in assessing the knowledge and skill level of the trainee and supporting their development as an EMDR therapist

The role of the consultant can include:

- Tutoring in the basics of EMDR practice as per 10 hours basic requirement
- Assessment of applicant for accreditation.
- Facilitation at basic training
- Provision of specialist training
- Establishment of consultancy groups
- Development of local networks

Rapport building with applicant:

- Creates a safe atmosphere within clinical consultancy
- Provides adequate and constructive feedback to trainees
- Develops an effective attachment and adequate coaching style

<p>Ability to transfer of knowledge effectively: Psychotraumatology</p>	
<p>Focuses in consultancy on following issues:</p> <ul style="list-style-type: none"> • Practices the Standard EMDR Protocol • Correctly applies the protocol • Acknowledges recognition of other approaches or treatment plans and interventions • Demonstrates an ability to answer applicants questions effectively, considering the following: <ul style="list-style-type: none"> ○ Explore and clarify the question ○ Answer from a theoretical background ○ Answer on a practical level ○ Give specific hints and suggestions for specific case ○ Teach about differential diagnosis and / or alternative treatments 	

Identify and effectively manage group processes	
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PART B: CONSULTATION HOURS

Summary of Consultants Hours:		Dates of Consultation:
Individual Hours		
Group Hours		
Asynchronous Hours		

Supporting Consultants Declaration:

- I have assessed this applicant's eligibility to become an Accredited Consultant.
- I have fully reviewed and sighted all required documents for this application.
- The applicant has completed a minimum of 20 hours consultation in support of this application, as per the requirements of the EMDRAA Consultant's Handbook.
- I have observed the applicant's EMDR work either through recordings or in vivo – including their work in both individual and group consultation settings.
- I have reviewed the applicants Client Log and **confirmed** it meets the requirements outlined in the EMDRAA Consultants Handbook. I confirm I have retained a copy of this should it be requested.
- I have completed the applicant's competency framework and assessed each competency.
- I confirm that my review of the applicant's client work is based on recent practice (predominantly within the last two years).

Please complete below:

EMDRAA Accredited Consultant Printed Name:

EMDRAA Accredited Consultant Signature:

Date:

Applicant's Declaration:

- I have fully reviewed and/or completed all aspects of this application
- I confirm that all information provided is truthful and accurate
- I confirm that if accredited, I will ensure I practice within the appropriate standards and guidelines set out by EMDRAA and by my professional discipline.
- I will maintain my eligibility for EMDRAA Full Membership for the duration of the accreditation period and will notify EMDRAA immediately should my eligibility status change in any way.
- I confirm that should my practice as an EMDRAA Accredited Consultant not adhere to the required standards EMDRAA may revoke my accreditation.

Please complete below:

Applicants Printed Name:

Applicants Signature:

Date: