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EMDR Approved Consultant



"I really like the versatility of the tactile buzzers—I can use them in both a remote and an in-person setting."

BUZZERS
out now!

Provide *Tactile* BLS Over the Internet

Offer all BLS modalities:
Online and In-Person

With our groundbreaking Remote Buzzers you can offer tactile stimulation standalone or in combination with our visual and auditory BLS—perfectly synchronized and reliable, with configurable intensity and speed.

Simple and powerful!

Learn more and order your Buzzers today:

www.bilateralstimulation.io/tactile

ABOUT US

Hi, I'm Yanick—the creator of *bilateralstimulation.io!*

I was a client of EMDR myself and experienced the profound impact of this therapy first-hand. At the beginning of COVID I created *bilateralstimulation.io* to enable my former therapist to practice EMDR online.

What started as a side project quickly began to fill up my nights and weekends as the tool went viral within the EMDR community!

That's when my co-founder Benjamin joined and we turned *bilateralstimulation.io* into a company.

Since then we talked to hundreds of therapists, upgraded our visual & auditory BLS software and developed the world's first remote tactile BLS buzzers.

Today, over 10,000 therapists use our free and HIPAA-compliant BLS tool to provide visual, auditory, and tactile EMDR therapy to their clients—no matter where they are.



Yanick Steinbeck
Creator & Co-Founder

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Benjamin Viehauser
Co-Founder

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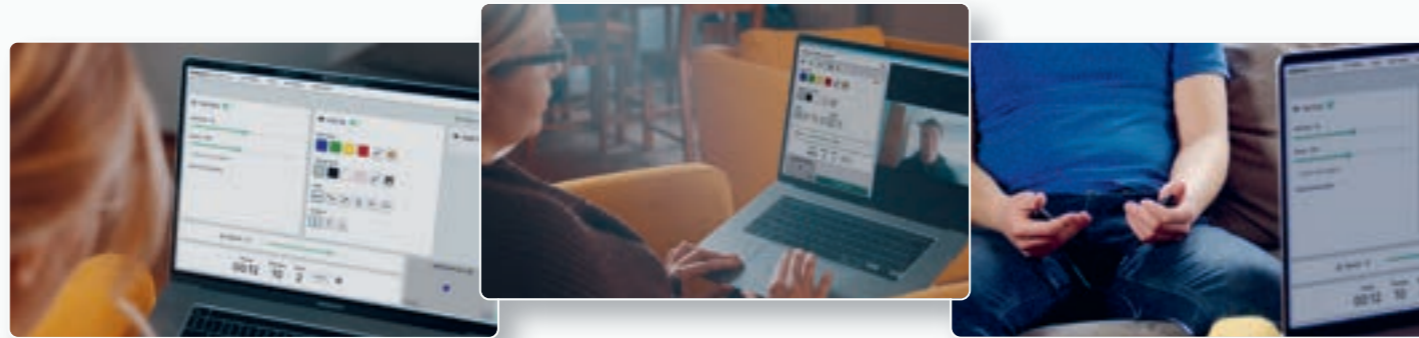
"Your BLS tool is so easy and user-friendly. (...) Thanks for making such an awesome product!"

Rebecca Kase
LCSW, RYT
EMDR Basic Trainer



HOW IT WORKS

Meet the Most *Easy-To-Use* BLS Tool



①

Control the BLS From Your Computer

Configure the visual, auditory, and tactile bilateral stimulation (BLS) to adjust working memory taxation and meet client preferences.

②

Works With Any Video Software

Use it with *Zoom, SimplePractice, Doxy, Microsoft Teams, Google Meet, TheraNest* or any other telehealth software—they all work!

③

Works In-Person Too

Provide BLS in-person with our buzzers (tactile), a pair of headphones (auditory) and a second screen (visual).

YOUR BENEFITS

Provide **visual, auditory & tactile BLS** to your clients—no matter where they are:
Online and in-person.



Easy-to-use

We build everything with simplicity in mind, to make it as user-friendly as possible for you and your clients.



Reliable

Our BLS tool and buzzers work all the time, every time. No more technology issues disrupting your practice!



HIPAA-Compliant

We implement administrative, physical and technical safeguards to help you stay compliant with HIPAA.



Free

Our basic BLS functionality is 100% free with no usage limits. You can use it today—no sign-up required!

Visit our website to learn more & use our free BLS tool today:

www.bilateralstimulation.io