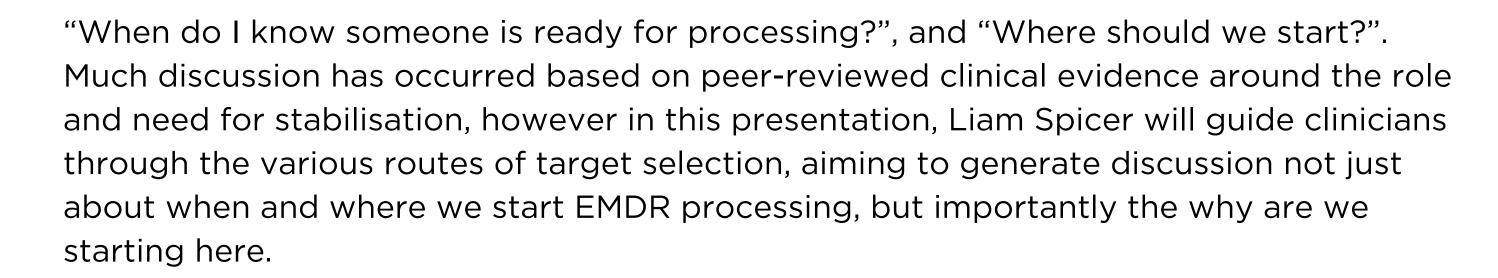


EMDR Association of Australia invites you to the lunch and learn webinar

Optimizing Target Selection in EMDR Therapy: Where do we start, and why?

hosted by Liam Spicer



Learning Objectives:

- To understand the different transdiagnostic routes for EMDR target selection, and how to choose what target to start with based on a client's current capacity, symptoms, and therapeutic goals.
- To understand how and why we should use various modified, restricted, or alternative protocols as needed leaning on the work of Roy Kiesslings processing continuum, Dolores Mosquera's progressive approach, the use of the Silent (Blind 2 Therapist) protocol and the work of Ad De Jongh and colleagues.
- To encourage EMDR therapists to think creatively on where we should start
 processing, emphasising the transdiagnostic benefits of EMDR therapy and how more
 efficient and effective clinical change can come from optimizing the target selection
 process.



Wednesday, 3 July 2024 12:00pm - 1:30pm (AEST)

To register, log into the member section on emdraa.org and join via the link under 'upcoming events'



For information please contact conference@emdraa.org







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