

Program

EMDRAA Consultants' Day 2024

2 May 2024

Sofitel Broadbeach | Gold Coast QLD



emdra.org

EMDRAA Conference 2024

EMDR Beyond PTSD – A Transdiagnostic & Integrative Psychotherapy

3 - 5 May 2024

Sofitel Broadbeach | Gold Coast QLD



Thursday 2 May 2024

8:30AM – 9:00AM	Arrival Tea & Coffee - Level 1 Foyer
9:00AM - 9:05AM	Acknowledgment of Country
9:05AM - 9:45AM	Understanding EMDR Training and Consultation Experiences: What the Research Says by <i>Liam Spicer</i>
9:45AM - 11:15AM	Fidelity and Best Practice: An Interactive Session with Peers by <i>Naomi Illife and Caroline Burrows</i>
11:15AM - 11:45AM	Morning Tea, Networking & Photography - Level 1 Foyer
11:45AM - 12:30PM	A Review of the Research on EMDR's Effectiveness: Supporting Your Consultees with Up-To-Date Practice – <i>Stacey McMullin</i>
12:30PM – 1:30PM	Lunch, Networking & Photography - Level 1 Foyer
1:30PM – 3:00PM	Adapting EMDR consultation based on Learning style by <i>Dr Jamie Marich</i>
3:00PM – 3:15PM	Afternoon Tea and Networking - Level 1 Foyer
3:15PM – 5:00PM	Panel Session: Increasing EMDR therapists' confidence and tackling challenges in EMDR Consultation by <i>Dr Jamie Marich, Dr Sarah Schubert, Nadene Van Der Linden and Caroline Burrows</i>
5:00PM	Close

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Presentation Descriptions

Understanding EMDR Training and Consultation Experiences: What the Research Says by Liam Spicer

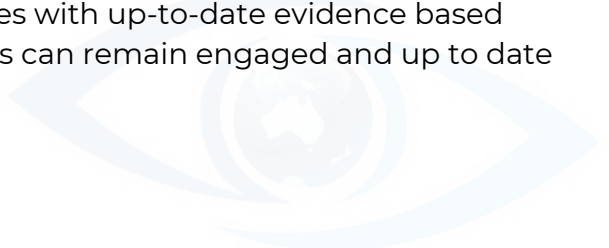
EMDR has continued to grow in its popularity, and rates of training have continued to rise internationally and locally in Australia. Despite the substantial research base for EMDR, and continued interest in its application among mental health practitioners, leading experts in the field have raised suggestions regarding some of the challenges in the integration of EMDR into clinical practice. This short session will summarise the research that has been conducted so far investigating EMDR training and consultation experiences, and other factors that may be associated with EMDR training attrition/retention. This will also focus on what further research is needed and aims to bring greater awareness of factors to be aware of when supporting EMDR consultees both in training and consultation to assist on the integration of this therapy into their practice.

Fidelity and Best Practice: An Interactive Session with Peers by Naomi Illife and Caroline Burrows

Join Naomi Illife and Caroline Burrows for a dynamic session focusing on the fidelity scale's pivotal role in enhancing EMDR clinical practice and clinician competency. This interactive session will explore the scale's development, offer an overview and key reminders of its scoring process, and highlight its importance in supporting consultees not only through accreditation, but enhancing effectiveness with clients overall. The session includes interactive group activities involving viewing and rating certain sessions in small groups, and a large group discussion will follow to give all consultants greater clarity and consistency regarding the utilisation of this scale.

A Review of the Research on EMDR's Effectiveness: Supporting Your Consultees with Up-To-Date Practice by Dr Stacey McMullen

In this session, Dr Stacey McMullen will highlight the current evidence base of EMDR in 2024, and present findings on recent research which has been conducted in the field of EMDR. This session will provide information on what populations now have consistent support for the application of EMDR, and also what further research is needed within the field. This will also include a discussion on what organisations and governing bodies support EMDR therapy internationally. The session will have an emphasis on the importance of staying up to date with the research as consultants in order to support consultees with up-to-date evidence based practice. Lastly, it will cover how you, and your consultees can remain engaged and up to date with advancements and developments in the field.



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Adapting EMDR consultation based on Learning style by Dr Jamie Marich

A gifted trainer and consultant is able to respond to the unique learning needs of each student. This task can seem daunting when trainers and consultants are entrusted with teaching a specific protocol and upholding standards. In this presentation, Dr. Jamie Marich who was a secondary instructor and English as a second language teacher before she became a therapist—shares her passion for pedagogy to help participants thrive as consultants. Using the framework of educational scholar Robert Gagné, whose work on information processing in the 1960s is remarkably similar to the adaptive information processing (AIP) model, Jamie will offer best practices and facilitate a discussion on workable solutions for consultation.

Increasing EMDR therapists' confidence and tackling challenges in EMDR Consultation by Dr Jamie Marich, Dr Sarah Schubert, Nadene Van Der Linden and Caroline Burrows

As consultants, increasing consultees confidence to effectively apply EMDR is one of the major goals, but often hurdles, through the EMDR training and consultation process. In this session you will hear from some of Australia's EMDR trainers and consultants on specific components of improving consultees confidence in the application and use of EMDR therapy in the form of mini-presentations. The second half of the session they will be joined by Dr Jamie Marich for a panel discussion including an interactive Q and A to discuss, reflect, and learn on how we can all improve our consultees confidence and ability to navigate challenges that may come up in the application of EMDR.

Program correct at the time of publication (March 2024), however the organising committee reserve the right to change the program without notice.

Wednesday 1 May 2024

Accreditation Standards Committee Meeting
9:00am - 5:00pm
Sofitel Gold Coast, Broadbeach

Friday 3 - Sunday 5 May 2024

EMDRAA Conference
9:00am - 5:00pm
Sofitel Gold Coast, Broadbeach

Other Conference Activities

Welcome Reception, Friday 3 May 2024, 5:30pm - 6:30pm, Broadbeach Room
Yoga with Jamie Marich, Saturday 4 May 2024 from 7:00am
Conference Dinner, Saturday 4 May 2024 from 7:00pm, Grand Ballroom.
Networking Breakfast, Sunday 5 May 2024 from 8:15am, Grand Ballroom.

Purchase your dinner ticket here: <https://events.humanitix.com/emdraa-conference-2024>